<table>
<thead>
<tr>
<th>Domain</th>
<th>Sample Questions</th>
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| H - Home | **Explore home situation, family life, relationships and stability:**  
Where do you live? Who lives at home with you?  
Who is in your family (parents; siblings; extended)? What language is spoken at your home?  
What is your/your family’s cultural background?  
Do you have your own room?  
Have there been any recent changes in your home environment (moves, etc)?  
How do you get along with mum/dad/other members of your family?  
Who could you go to if you needed help with a problem? |
| E - Education/employment | **Explore sense of belonging at school/work and relationships with teachers/peers/workmates; changes in performance:**  
What do you like/not like about school/work? What are you good at/not good at?  
How do you get along with teachers/other students/workmates?  
How do you usually perform in different subjects? Have your grades changed recently?  
Some young people experience bullying at school, have you ever had to put up with this?  
What are your goals for future education/employment?  
Any recent changes in education/employment? |
| A - Activities and peer relationships | **Explore social and interpersonal relationships, risk-taking behaviour, as well as their attitudes about themselves:**  
What sorts of things do you do in your free time out of school/work?  
What do you like to do for fun?  
Who are your main friends (at school/out of school)?  
How do you get on with others your own age?  
What sorts of things do you like to do with your friends?  
How much television do you watch each night?  
How about internet use? Any concerns you would like to discuss about this?  
Are you involved in sports/hobbies/clubs, etc? |
| D - Drug use, cigarettes, alcohol | **Explore the context of substance use (if any) and risk-taking behaviours:**  
Many young people your age are starting to experiment with cigarettes/drugs/alcohol. Have any of your friends tried these other drugs like marijuana, injecting drugs, other substances?  
How about you, have you tried any? - explore  
Did anything happen that you regret when you were using cigarettes/drugs/alcohol?  
Do other family members take drugs/drink? |
| S - Sexuality | **Explore their knowledge, understanding, experience, sexual orientation and sexual practices - look for risk-taking behaviour/abuse:**  
Many young people your age become interested in sexual relationships. Have you ever had a sexual relationship with a boy or a girl (or both)? - explore  
How do you feel about relationships in general or about your own sexuality?  
Has anyone ever touched you in a way that has made you feel uncomfortable, or forced you into a sexual relationship? |
| S - Suicide/self-harm/depression/mood | **Explore risk of mental health problems, strategies for coping and available support:**  
Sometimes when people feel really down they feel like hurting, or even killing, themselves. Have you ever felt that way? Have you ever tried? Do you have any current plans?  
How do you feel at the moment on a scale of 1 to 10?  
Who can you talk to when you’re feeling down?  
How do you get on with others your own age?  
How well do you usually sleep?  
Are you involved in sports/hobbies/clubs, etc? |
| S - Safety | **Explore safety issues including how safe the young person feels and what protective factors they take into account to keep themselves safe:**  
Are you worried about bullying, violence or your safety?  
Have you ever felt afraid of a family member or partner?  
Do you usually wear a seatbelt when you are in a motor vehicle? Do you wear a helmet when riding a bike?  
How often would you drive over the speed limit? Have you ever used your mobile phone when you are driving?  
Have you used alcohol or drugs and then driven a motor vehicle or been in a motor vehicle when the driver has been drinking or using drugs? Have you driven when tired?  
Do you protect yourself from the sun? Have you received all the recommended immunizations eg. Hep B, rubella and HPV? |